

## SAFEWAY CELIAC SPRUE GLUTEN-FREE PRODUCT LIST

Please note that these products also apply to Vons, Dominick's, Randalls, Tom Thumb and Genuardi's

We received your request for information on Safeway private label products for those troubled with gluten-induced enteropathy or celiac-sprue. While we are somewhat familiar with the malabsorption syndrome, we do not presume to prescribe any of our products for any specific diet(s). On the other hand, we are happy to provide what information we have which might be useful to you.

For your information, we have over 5,000 different products in our Safeway private label product line and we do not have a listing of ingredients available for the general public on each of these items so we are not able to comply with all requests. We do suggest that you read carefully all ingredient labeling information on products that you purchase.

We can tell you that our frozen vegetables and fruits should be okay since they do not contain any other ingredients but the vegetables or fruits themselves. The exception to this would be our frozen vegetables in sauce.

Another group of items that would be acceptable are non-breaded seafood items, poultry that has not been breaded or stuffed, and our Lucerne/SELECT eggs. In other words, all fresh meats, seafood's and eggs.

Acceptable dairy items would be all fluid milks, except chocolate milk when starch is added and the source is not listed, cottage cheese and natural cheeses. Most bakery items we believe would not be acceptable for use in this diet.

We have taken the initiative to solicit all of our suppliers for lists of their products that are gluten free. This list is attached for your easy reference.

As near as we can determine, the information we've provided is correct; however, we cannot guarantee that changes will not occur from time to time in our ingredient listings, or vendor changes that would affect processing methods or raw ingredients therefore we do recommend that you verify ingredients with us from time to time. We do appreciate your interest in our Safeway Brand products and hope that we have been of some help to you.

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### **SELECT/Safeway Brand**

Basmati Rice  
Baking Nuts (Almonds)  
BBQ Sauce (Original, Honey Mustard, Hickory Smoked and Honey Smoked)  
Beef Franks  
Capers  
Clear (sparkling water beverages, all flavors)  
Chai Tea  
Cheese Fondue  
Cheese (Shredded Parmesan)  
Chocolate Chips  
Cocoa Mix –European  
Coffee (Creamy Hazelnut)  
Coffee Beverage, Instant Flavored (maltodextrin corn based)  
Enchilada Sauce (Mild)(vinegar distilled w/wood, pulp, mild)  
Fiesta Fajita Salsa  
Gourmet Club Eating Right (Ginger Chicken, Chicken Lettuce Wraps)  
Gourmet Dipping Sauces (Cook'n Grill Plum and Honey Mustard)  
Herbal Tea (Lemon, Evening Delight, Chamomile, Peppermint)  
Honey  
Jams/Jellies  
Mayonnaise (Regular, Reduced Fat, Fat Free, With Canola Oil (distilled w/wood))  
Mustard (Classic/Country Dijon, Spicy Brown, Stone Ground Horseradish)  
Potato Cups (Sour Cream Chive, Three Cheese Broccoli, Roasted Garlic, Buttermilk Ranch) **Not**  
**Run on Dedicated Line**  
Pasta Sauces – Refrigerated Varieties (Classic Pesto, Creamy Parmesan Basil, Garden Vegetable & Herb, Light Alfredo, Mushroom/Onion, Roasted Garlic & Mushroom)  
Pasta/Marinara Sauce (all VERDI)  
Pizza Sauce  
Pure Maple Syrup  
Roasted Rosemary Wedges  
Salad Dressing (like Miracle Whip)  
Salad Dressings (Basil Ranch, Ranch, Roasted Red Pepper & Garlic Vinaigrette, Raspberry Vinaigrette, Red Wine Balsamic, Blue Cheese, Cranberry/Orange, Harvest Vegetable, Tuscan Basil Herb, Creamy Goat Cheese/Dried Tomato, Raspberry Cranberry Vinaigrette, Balsamic & Olive Oil Vinaigrette)  
Salad Dressing Mix (Italian)  
Salsa (All SELECT varieties)  
Sausage (Chicken Apple, Chicken Andouille, Italian Pork, Turkey Chicken Parmesan Basil, and Turkey Chicken Sun Dried Tomato, Beef Smoked, Beef Hot Link, Cajun Style Link, Polish, Italian)  
Signature Broccoli Cheddar Au Gratin  
Signature Ribs (St. Louis Style Smoke House)

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Signature Soup (Fajita Chicken & Toasted Corn Chowder, Baked Potato, Fiesta Chicken Tortilla, Autumn Harvest Butternut Squash, Rosemary Chicken & White Bean)

Soft Caramel Cups

Sodas (all varieties)

Soup Mixes (Tortilla Con Queso, Black Bean & Rice) **Not Run on Dedicated Line**

Specialty Three Large Eggs

Specialty Tea

Steak Sauce

Syrup (Blueberry)

Tea (Green, Orange Spice Black)

Truffles (Chocolate/Raspberry, Mocha, Butterscotch, and Milk Chocolate)

Tuna (Tongol)

Vinegar (**ALL EXCEPT** Malt Vinegar)

Whole Bean Coffees, flavored

Winners Thirst Quencher (Lemon Lime, Lemon Ice, Orange, Lemon, Tropical, Fruit Punch, Glacier Wave, Tangerine Freeze, and Amazon Freeze)

### **SAFEWAY Brand**

Apple Sauce (Cups, Natural and Sweetened)

Aspartame Sweetener

Black Olives

Butterscotch Chips

Baking Powder

Beef Franks (Jumbo)

Beef Jerky (Original and Peppered only)

Candy Corn

Canned Beans (Pork & Beans, Light & Dark Kidney, Pinto, Black-eyed, Chick, Lima, and Black, Green)

Canned Vegetables (No Salt Whole Kernel Corn, Button Sliced Mushrooms, Cream Style Corn)

Carrots (Baby Peeled)

Cashews, Halves & Pieces and Whole

Cereal\* (Fruity Nuggets, Puffed Corn, Cocoa Astros (**produced on line with other gluten products**))

Cheese Curls

Cherries (Red Tart Pitted)

Chicken Broth

Chili Beans (Mexican Style)

Chocolate Chips (Semi Sweet, Real Chocolate, Milk Chocolate)

Chocolate Syrup

Cinnamon Imperials

Coconut (Sweetened)

Coffee (Decaffeinated Classic Roast)

Cooking Spray (Butter Flavored)

Cocktail Sauce

Corned Beef Hash

Corn Starch

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Cranberry Sauce (Whole and Jellied)  
Dessert Mints  
Dried Beans (Pink, Great Northern, Lentils, Black, Black-eyed, Small White, Large Lima, Small Red, Green Split, Light Red Kidney, Pinto, Baby Lima, and Navy)  
Dried Fruit (Prunes, Raisins, Apricots, Peach, Apple, and Cherry)  
Drink Mixes (Sugar Free Raspberry & Lemonade, Strawberry Star Fruit)  
Evaporated Milk  
Espresso Coffee Beans  
Extracts & Pure Spices\*\* (if gluten, ingredient statement will declare)  
Fajita Seasoning Mix  
Food Coloring (Assorted)  
Fruit Snacks (all)  
Gelatin Mix (all flavors)  
Glazed Cake Mix  
Grated Parmesan Cheese (3, 8 & 16oz.)  
Gummi Bears  
Gummi Worms (Sour, Regular)  
Hash Browns (Shredded, Southern Style, Country Style)  
Honey (Pure and Creamed)  
Hot Cocoa Mix (Sugar Free, Fat Free, With Marshmallows)  
Iced Tea Mix (All flavors)  
Instant Breakfast  
Instant Chocolate Drink Mix  
Instant Gelatins (Sugar Free and Regular)  
Instant Mashed Potatoes (Herb/Butter, Roasted Garlic)  
Instant Milk  
Instant Rice  
Instant Potatoes  
Jams/Jellies  
Jelly Eggs ((Classic) Jelly Beans)  
Juices (Apple Cider, Apple Juice, Apple/Cranberry, White Grape, Grapefruit/ Tangerine Cocktail, Cranberry Cocktail, Cranberry/Raspberry, Grape/Cranberry Cocktail, Lemon, Light Cranberry Cocktail, Lemonade, White Grapefruit, Pink Grapefruit, Grapefruit, Ruby Red Grapefruit Cocktail, Orange, Vegetable, Prune)  
Ketchup  
Lemon Drops  
**SAFEWAY Brand (cont.)**  
Lemon Juice  
Limeade  
Maraschino Cherries  
Margarine  
Marshmallows (Large & Mini)  
Microwave Popcorn (all varieties)  
Milk (Sweetened Condensed)  
Milk Drinks (Mocha Cappuccino, Chillin Chocolate, Very Berry Strawberry, Marvelous, and Vanilla Shake

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Mixed Fruit & Peel  
Mustard (Including Stone Ground Horseradish)  
Nuts (All varieties from S3012)  
Nutritional Shake/Drink (including Plus) (all Flavors)  
Oils, edible  
Olives (Manzanilla)  
Onion Soup Mix  
Peanuts (Dry Roasted, Roasted/Salted Spanish, Butter Toffee-All varieties with S3012)  
Peanut Butter (Regular & Reduced Fat Creamy and Crunchy)  
Pickles, Pepper and Relish (All)  
Pineapple Lime Gel Cups  
Popcorn Cakes\*\* **Not Run on Dedicated Line\*\***  
Popcorn (Yellow and Kettle, Light Butter Microwave)  
Potatoes (Crinkle Cut, French Fried, O'Brien, Restaurant style Crinkle Cut, Shoestring, Steak Cut, Twice Baked, Crispy Fries, Potato Sticks)  
Pudding (Cups & Instant)  
Puffed Cheese Snacks  
Pumpkin (Canned)  
Quick Cheese (Sharp Cheddar)  
Refried Beans  
Rice (White)(Long Grain)(Enriched Calrose)  
Risotto (Cheese) (**Facility produces other Wheat products**)  
Salad Dressing (Light & Regular Zesty Italian, Creamy Italian, Light & Regular Ranch, Ranch w/Bacon, Fat Free & Regular 1000 Island)  
Salad Dressing Mix (Ranch, Italian)  
Salsa Con Queso  
Sauerkraut  
Sliced Peaches  
Sloppy Joe  
Snack Pudding (Vanilla)  
Soup (**Only** Condensed Homestyle Chicken with Wild Rice & Chicken With Rice)  
Spaghetti Sauce (Mushroom, Meat, Traditional)  
Spiced Cranberry Apple Cider Mix  
Spice Drops  
Splash (Tropical, Strawberry/Kiwi, and Berry)  
Spread (Light Homestyle)  
Sprinkles (Holiday, Halloween, Valentines, Easter, Sand Sugar Party)  
Star Light Mints  
Sugar (Granulated, Powdered, and Brown)  
Sunflower Seeds (Kernels)  
Syrup (Old Fashioned, Original, Light, Butter Light and Pure Maple)  
Taco Shells (Jumbo, White Corn)  
Tea Bags (Decaffeinated)  
Tomato products (all canned)  
Tortilla Chips (White Corn)  
Tortilla Strips, Nacho Cheese, and Golden Chips (Casa del Pueblo)

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Trail Mix with Candy Pieces  
Tuna, Chunk Light  
Vegetable Oil Spreads, 70%, 37% Light, and 70% ¼ lb sticks (Homestyle)  
Weight Loss Shake (Chocolate Royale, Vanilla, Milk Chocolate)  
White Hominy  
Worcestershire Sauce  
Yellow Corn Meal (**Facility processes other Wheat products**)

### **EATING RIGHT**

Majority of ER entrees contain wheat gluten - For those that do not, product is run on same line therefore possibility of cross contamination exists even with the best QA practices in place.

Soups, Instant Cups (Black Bean, Split Pea and Potato Leek only)  
Soy Crisps - BBQ, Ranch, Sour Cream, Sea Salt  
Vegetarian Chili

### **ORGANIC**

Peas  
Soy Beverage  
Vanilla Soy Beverage (Low Fat)

### **CAPTAINS CHOICE**

Cocktail Sauce  
Cooked Tail on Shrimp  
Cod Fillets

### **MANOR HOUSE**

Frozen Enhanced Turkey  
Chicken, MH all Varieties in 4lb Resalable Bags, Frozen

### **LUCERNE Brand**

Aerosol Whipping Cream (Light and Non Dairy)  
Best Of The Egg  
Butter  
Buttermilk (Regular/Low Fat/ Fat Free)  
Cheese (ALL varieties)  
Chocolate Milk  
Coffee Creamer (French Vanilla, Original) (Powdered)  
Cottage Cheese (except fruit added)  
Cream Cheese, (Soft bars, Onion/chive, Strawberry, Garden vegetable, Light, Neufchatel, Fat Free, Whipped spread)  
Creamer, Flavored (French Vanilla, Irish Cream, Hazelnut) (Liquid)  
Dips (French Onion, Clam, Bacon Onion, Green Onion, Ranch, Avocado, Guacamole)  
Egg Nog  
Eggs  
Half & Half

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Milk (Lactose Free Fat Free)  
Non Dairy Creamers (Regular and Light)  
Ricotta Cheese  
Sour Cream, Regular, Low Fat/Non Fat  
String Cheese  
Smoothies (Light, All Flavors)  
Whipping Cream (Regular/Light/Heavy)  
Whipped Topping (Regular/Light and Lactose Free)  
Yogurt, (ALL varieties, Pre-Stirred Low Fat, Fat Free, Yo on the Go and Yo Cups)

### **SELECT/Safeway/Lucerne Brand**

Assorted Ice Pops  
Basic Red Vanilla Ice Cream  
Kreme Koolers  
Lucerne/Select Ice Cream (**All with no inclusions i.e. Candy Pieces, Chocolate Chips, etc.**)  
Lucerne/Select Ice Cream (**If inclusions are present, Modified Starch must be declared, or DO NOT recommend**)  
Lucerne Fat Free Vanilla Frozen Yogurt  
Lucerne Fat Free Chocolate Frozen Yogurt (**starch MUST be declared**)  
Lucerne Vanilla Ice Cream Bars  
Lucerne Fudge Ice Cream Bars  
Lucerne Orange Ice Cream Bars  
Lucerne Vanilla/Sherbet Ice Cream Bars  
Lucerne Root Beer Float Ice Cream Bars  
Lucerne Toffee Brittle Ice Cream Bars  
Lucerne Vanilla Sundae Ice Cream Bars  
Lucerne Vanilla Sundae Ice Cream Cups  
Lucerne Egg Nog Ice Cream  
Safeway Select Fat Free Caramel Swirl Ice Cream  
Safeway Select Fat Free No Sugar Added Vanilla Ice Cream  
Safeway Select Fruit Bars (All Flavors)  
Safeway Select Dutch Chocolate Ice Cream  
Safeway Select Caramel Caribou Ice Cream Bars  
Safeway Select Coffee Ice Cream  
Safeway Select Chocolate Chunk Ice Cream  
Safeway Select Caramel Cashew Ice Cream  
Safeway Select Light Peppermint Ice Cream  
Safeway Select Mother Load Ice Cream  
Safeway Select Mocha Ice Cream  
Safeway Select Ole' Vanilla Ice Cream  
Safeway Select Pecan Praline Ice Cream  
Sherbet (Key Lime, Lemon Crunch)  
Sorbet (Chocolate, Raspberry)

### **BUTCHER'S CUT**

Bulk Wrapped Corned Beef Brisket

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Bacon (All Varieties must have EST 13331)  
Beef Burgers  
Boneless Skinless Chicken Breast  
Bratwurst  
Cooked Ham (95% Fat Free)  
Corned Beef Brisket  
Corned Beef  
Ground Turkey  
Italian Sausage (Regular, Mild)  
Jazz N Spicy Buffalo Wing Sauce  
Jumbo Franks (Including Chicken and Pork)  
Jumbo Turkey Franks  
Oven Roasted Turkey Breast (98% Fat Free, Regular)  
Polska Kielbasa  
Shank Cut Ham  
Smoked Sausage  
Spiral Sliced Ham (glaze packet is not gluten free)  
Ham, pre-glazed - yes gluten free  
Young Chicken Thighs

### **DELI COUNTER**

Corned Beef  
Classic Potato Salad (**facility produces other wheat products**)  
Creamy Cole Slaw (Dominick's)  
Deli Roasted Chicken  
Deviled Egg Potato Salad (**facility produces other wheat products**)  
Genoa Salami  
Hard Salami  
Mustard Potato Salad (**facility produces other wheat products**)  
Old Fashioned Potato Salad (**facility produces other wheat products**)  
Roasted Turkey Breast  
Salsa

### **PRIMO TAGLIO BULK DELI MEATS**

Black Forest Ham with Natural Juices, Coated with Caramel Color  
Cervelat Salami  
Chicken Breast (Oven Roasted) Browned in Hot Cottonseed Oil  
Cooked Corned Beef  
Genoa Salami  
Honey Maple Ham (Old Fashioned) with Natural Juices  
Mortadella, Black Pepper Added  
Pastrami Coated with Spices, **Caramel Color Added**  
Prosciutto Dry Cured Ham  
Salami (Peppered) Coated with Gelatin and Black Pepper  
Sopressata  
Roast Beef (seasoned) coated with Seasonings, **Caramel Color Added**

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Turkey Breast (Natural Hickory Smoked) with Natural Smoke Flavoring  
Turkey Breast (Pan Roasted) Browned in Hot Cottonseed Oil  
Turkey Breast (Natural Hickory Smoked Peppered) with Natural Smoke Flavoring  
Turkey Breast (Salsa Seasoned) Cooked and Cured  
Turkey Breast (Honey Maple)  
Turkey Breast (Dinner Roast)  
Turkey Breast (Mesquite Smoked) Natural Mesquite Smoke Flavoring Added

### **VAC PAC MEATS**

Black Forest Ham with Natural Juices, Coated with Caramel Color  
Cooked Corned Beef  
Genoa Salami  
Pastrami **Caramel Color Added**, Coated with Seasonings  
Maple Ham (Old Fashioned) with Natural Juices  
Mortadella Pistachio Nuts and Black Pepper Added  
Pancetta Italian Bacon  
Prosciutto Dry Cured Ham  
Roast Beef Coated with Garlic, Dextrose and Spices  
Salami (Peppered) Coated with Black Pepper and Gelatin  
Sopressata  
Turkey Breast (Oven Roasted)  
Turkey Breast (Cracked Pepper) with Natural Smoke Flavoring  
Turkey Breast (Hickory Smoked) with Natural Smoke Flavoring

### **PRIMO TAGLIO CHEESES**

Caesar Jack  
Regular Jack  
Lacy Swiss  
Smoke Fontina  
Imported Ages White Cheddar  
American Cheddar  
Danish Havarti  
Crumbled Danish Blue  
Provolone  
Shredded Asiago  
Muenster  
Hot Pepper Jack

### **SAFEWAY Select Non-Food**

24-Hour Allergy Relief  
24-Hour Allergy Relief With Loratadine  
Acetaminophen  
Acidophilus Plus  
Allergy Relief  
Allergy Diphenhydramine Hydrochloride Anti Histamine  
Antacid Plus (Double Strength)

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Antacid Tablets (Peppermint, Fruit Flavored, Wintergreen)  
Anti Diarrheal Tablets  
Arthritis Pain Formula Caplets  
B Complex  
Baby Shampoo (Regular & Conditioning)  
Baby Wash  
Benhist Allergy  
Calcium  
Calcium/Magnesium/Zinc  
Calcium Plus D 600 mg  
Calcium With Vitamin D  
Coral Calcium Tablets  
Cough & Cold Decongestant  
Cough Drops (Honey Lemon & Vitamin C Citrus & Cherry)  
Central Vite (Multi Card, Senior Formula)  
Central Vite/Multi Vitamin  
Central-Vite w/Lutein  
Children's Chewable Vitamins (All)  
Children's Chewable Non Aspirin- (Grape, Fruit)  
Children's Elixir Cough & Cold  
Children's Elixir Nasal Decongestant  
Day Time Cold & Cough  
Docusate Sodium  
Enteric Coated Aspirin  
Extra Strength Acetaminophen Rapid Release Gel Caps  
Extra Strength Non Aspirin Capsules  
Extra Strength Non Aspirin Gel Capsules  
Famotidine Tablets  
Fiber Supplement  
Fiber Therapy  
Fiber Therapy Capsules  
Foam Adhesive Bandages  
Focus Smart (Glucosamine Chondroitin)  
Effervescent Antacid Tablets  
Glucosamine Chondroitin  
Glucosamine Sulfate  
Ibuprofen  
Ibuprofen Brown Caplets  
Ibuprofen (Children's Grape Oral Suspension)  
Ibuprofen Tablets  
Liquid Ibuprofen Soft Gels  
Iron  
Lip Balm  
Lotion (Moisturizing Replenishment)

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Low Strength Aspirin  
Maximum Strength Suphedrine  
Micro Coated Aspirin  
Migraine Relief Capsules  
Milk Of Magnesia (Mint)  
Mineral Oil  
Mucous Relief (DM & PE)  
Multi Symptom Nasal Spray  
Naproxen Sodium Tablets  
Natural Zinc  
Night Time Cold Medicine (Comparable to Nyquil)  
Non-Aspirin Cold (Non-Drowsy)  
One Tablet Daily Vitamin  
Orange Flavored Natural Vegetable Powder  
Stomach Relief  
Suphedrine  
Pain Reliever Fever Reducer Tablets  
PM Pain Reliever  
Prenatal Vitamins  
Rapid Release Acetaminophen Gel Tabs Pain Relief  
Regular Strength Aspirin  
Sam-E  
Sore Throat Spray (Menthol)  
Super Men's Multi Vitamin  
Super Omega  
Triacting Sore Throat Formula  
Tussin  
Ultra Dairy Digestive  
Vision Formula  
Vitamin C  
Vitamin E (UPC 21130 78428 & 21130 78430)  
Waxed Dental Floss (Mint)  
Woman's One Tablet Daily

**\* Must avoid cereals where Malt Syrup/Malt Flavorings are used - these malt products are generally derived from Barley.**

**\*\* Spices not run on dedicated line - Popcorn Cakes, w/the exception of White Cheddar and Mini Caramel Corn, are Gluten-free; however, these products are not run on a dedicated line. White Cheddar is run last with a thorough line clean at end of production.**